The effect of interleukin-1β and interleukin-6 genetic polymorphisms on sickle cell disease course in childhood: an Egyptian study

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Submitted: 23 April 2018 Accepted: 20 May 2018

Arch Med Sci Civil Dis 2018; 3: e57–e63 DOI: https://doi.org/10.5114/amscd.2018.76830 Copyright © 2018 Termedia & Banach

Abstract

Introduction: Sickle cell disease (SCD) is a chronic inflammatory disorder characterized by altered levels of several inflammatory cytokines, which may be regulated by genetic polymorphisms and could be associated with diverse clinical presentations. Interleukin 1 β (IL-1) and interleukin 6 (IL-6) have a pivotal role in the pathogenesis of many acute and chronic diseases, and their genetic alterations have been considered as molecular contributors to several inflammatory disorders. The current study aimed to define the impact of IL-1 β and IL-6 genetic polymorphisms on the clinical course of the disease in a cohort of pediatric SCD patients.

Material and methods: Genotyping of IL-1 β +3954 C/T and IL-6 –174 G/C polymorphisms was performed by the polymerase chain reaction restriction fragment length polymorphism (PCR-RFLP) technique for 84 SCD patients and 100 age- and gender-matched unrelated healthy controls.

Results: The polymorphic genotypes of IL-6 –174 G/C were associated with patients suffering from repeated, severe attacks of vaso-occlusion (VOC) requiring hospitalization (p = 0.023 and p = 0.03 respectively), while no significant differences were noted between SCD patients harboring the wild or the polymorphic genotypes of IL-1 β +3954 C/T and their demographic, clinical or laboratory characteristics.

Conclusions: IL-6 –174 G/C polymorphism could be considered as a molecular predictor for recurrent, severe attacks of vascular occlusion in Egyptian SCD patients. Considering the important roles of cytokines in SCD pathophysiology, further investigations in larger cohorts are recommended for better characterization of individual variations in immune regulatory genes and identification of novel markers for disease complications and morbidity.

Key words: Egypt, sickle cell disease, IL-1β +3954 C/T, IL-6 –174 G/C.

Introduction

Sickle cell anemia is one of the most common monogenic red cell disorders worldwide. It is a multi-system disorder, associated with episodes of acute illness, progressive organ damage and premature death [1, 2]. Although all homozygous sickle cell disease patients have the same genetic alteration in their DNA, they experience a wide spectrum of clinical manifestations, ranging from an almost asymptomatic condition to severe illness. Moreover, the pathophysiology of sickle cell disease (SCD) complications remains incompletely understood, and this could be

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attributed to the interplay of environmental, psychosocial and genetic factors [3]. Sickle cell disease complications comprise hemolytic anemia, occlusions of the microcirculation and frequent infections resulting in painful vaso-occlusive crisis (VOC) leading to chronic organ injury [4]. Sickle cell disease is characterized by both acute and chronic inflammation [5], in which the chronic inflammatory state is associated with endothelial damage, increased production of reactive oxygen species, hemolysis or sickle red blood cells (RBCs), increased expression of adhesion molecules by leukocytes, erythrocytes, and platelets as well as increased production of pro-inflammatory cytokines via the adaptive immune response [6].

Interleukins are members of the inflammatory cytokine family that play a pivotal role in the inflammatory response and in the regulation of the immune system [7]. 1 β (IL-1 β) and interleukin 6 (IL-6) have been shown to be strongly incriminated, as both interleukin IL-1 β and IL-6 have a major role in the pathogenesis of many acute and chronic disorders, and their genetic polymorphisms could be considered as risk factors, disease modulators or prognostic markers in several inflammatory conditions.

Interleukin-6 (IL-6) is a multifunctional cytokine with pro-inflammatory and anti-inflammatory properties. It is one of the major mediators that drive the acute phase immune response [8]. Apart from stimulation of B-cell proliferation and differentiation into plasma cells, it induces production of acute phase proteins by hepatocytes, together with activation and differentiation of T-cells into cytotoxic cells and induction of hematopoiesis [9, 10]. Replacement of guanine by cytosine at the promoter region of the IL-6 gene at position -174 results in a functional promoter polymorphism of the IL-6 gene, which affects the IL-6 gene transcription rate and subsequently alters its plasma level. Elevated IL-6 levels may cause cellular damage due to oxidative stress, the release of other cytokine such as IL-1 β and tumor necrosis factor α (TNF- α), as well as the production of adhesion molecules and hepatic acute phase proteins [9, 11]. In vivo studies investigating the role of the -174G/C promoter polymorphism on plasma IL-6 level revealed conflicting results; the study of Fishman et al. [12] reported that single nucleotide change from G to C at position -174 resulted in suppression of IL-6 transcription and hence decreased production of IL-6. However, another study by Jones et al. [13] revealed that the plasma levels of IL-6 were higher in those with the polymorphic (C) allele and CC genotype compared to those harboring the G allele and GG/GC genotypes [13].

Interleukin-1 is a pro-inflammatory cytokine involved in induction of apoptosis in response to

cell injury. Bursts of IL-1ß precipitate acute attacks of either systemic or local inflammation and contribute to several chronic diseases [14]. More than 20 single nucleotide polymorphisms (SNPs) have been reported in the IL-1 β gene. The most important are -511 (rs16944), +3954 (rs1143634) and -31 loci. They exhibit a strong influence on gene transcription and eventual functional alterations; nonetheless, they have been associated with several immune and inflammatory disorders [11]. Previous studied reported that the variant (T) allele of IL-1 β +3954 is associated with high production of IL-1 β [15, 16]. The T allele therefore could be considered as a molecular marker associated with shifting the cytokine profile toward a pro-inflammatory pattern. The impact of this variant allele has already been shown in various diseases such as ulcerative colitis, insulin-dependent diabetes mellitus, myasthenia, periodontitis and rheumatoid arthritis [17-23].

The magnitude of cytokine production depends not only on antigenic challenge but also on host genetic factors. The study of SNPs has now become a potential tool not only for better understanding of the etiopathogenesis of the disease, but also as a probable marker of disease susceptibility and severity. The aim of the current study was to study the possible role of IL-1 β +3954 C/T and IL-6 –174 G/C genetic polymorphisms as molecular modulators of the course of sickle cell disease in a cohort of pediatric Egyptian SCD patients.

Material and methods

Study population

The present study included 84 pediatric Egyptian SCD patients from the Pediatric Hematology Clinic of El-Mounira Children's Hospital, Cairo University. They were 54 males and 30 females. Their ages ranged between 5 and 18 years. Diagnosis of SCD was based on proper history taking including family history of similar conditions or other hemoglobinopathies along with thorough clinical examination for signs associated with SCD. Laboratory investigations including complete blood picture and peripheral blood examinations for detection of sickled RBCs, the sickling test, hemoglobin electrophoresis and high performance liquid chromatography (HPLC) were all done to confirm SCD. The clinical and laboratory evaluations were done at presentation as well as follow-up visits. Assessment of the severity of veno-occlusive crises (VOC) was done with a working definition of VOC which stratifies the patients according to their clinical conditions. In moderate to severe cases, the patients suffered from pain in the extremities, back, abdomen, chest, or head that led

them to unscheduled clinic or emergency room visits and that required narcotics as well as hospitalization which could not be explained except by SCD, with exclusion of hand-foot syndrome, chest syndrome, osteomyelitis, and any episode of pain that was treated entirely at home. One hundred age- and sex-matched healthy children with normal hemoglobin electrophoresis were included in the study as a control group. Informed consent was obtained from the parents or guardians of participants in advance and the study was approved by the Research Ethics Committee of the Faculty of Medicine, Cairo University. All procedures performed were in accordance with the 1964 Helsinki Declaration.

Genotyping of IL-1 β +3954 C/T (rs1143634) and IL-6 –174 G/C (rs1800795) SNPs

Genomic DNA was extracted from peripheral blood leucocytes by the QIAamp genomic DNA purification kit (Fermentas Life Sciences, Canada) according to the manufacturer's instructions. Samples were stored in elution buffer at -20° C until being used. Genotyping of IL-1 β +3954 C/T (rs1143634) and IL-6 -174 G/C (rs1800795) SNPs was done by polymerase chain reaction restriction fragment length polymorphism (PCR-RFLP) assay [14, 20].

For detection of IL-1 β +3954 C/T polymorphism, genomic DNA was amplified using the following set of primers: 5'-TCAGGTGTCCTCGAAGAAATCAAA-3' and 5'-GGTTTTTTGCTGTGAGTCCC-3'. The thermocycler program conducted was initial heating at 95°C for 5 min, followed by 30 cycles of denaturation at 95°C for 30 s, annealing at 54°C for 30 s and extension at 72°C for 30 s with a final extension step for 5 min at 72°C. The PCR product was visualized on 2% ethidium bromide stained agarose gel under UV light. The PCR product was incubated with Taql restriction endonuclease (Fermentas, Lithuania) at 65°C overnight. The common (wild type; C) allele was restricted into two fragments of 108 and 86 bp, while the polymorphic (T) allele was not restricted, remaining as a single band of 194 bp.

For genotyping of IL-6 –174 G/C SNP, the primer set used for amplifying the target gene was 5'-TGACTTCAGCTTTACTCTTGT-3' and 5'-CTGATTG-GAAACCTTATTAAG-3'. The thermocycler program applied was initial denaturation at 95°C for 10 min, followed by 35 cycles of 95°C for 45 s, 52°C for 45 s, and 72°C for 1 min, followed by a final extension step at 72°C for 10 min. The PCR product was visualized on 2% ethidium bromide stained agarose gel under UV light as a 164 bp band. The amplicon was incubated with NlaIII endonuclease at 37°C for 4 h, and then restriction fragments were analyzed. The wild type allele (G allele) was restricted into two fragments of 111 and 53 bp, while the variant allele (C allele) did not show a single band of 164 bp. For quality control, genotyping was repeated with respect to case/ control status for 50 samples. Genotyping was determined blindly by two different observers, and was 100% concordant.

Statistical analysis

Data were analyzed using SPSS (Statistical Package for the Social Sciences; SPSS Inc., Chicago, IL, USA) statistical package version 21. For numerical data, parametric data were expressed as mean, standard deviation, and range, while nonparametric data were expressed as median and interquartile range. Qualitative data were expressed as frequency and percentage. The χ^2 test or Fisher's exact test was used to examine the relation between qualitative variables. Nonparametric numerical data were analyzed using the Mann-Whitney test. Correlation analysis was performed by Spearman's rank correlation. Unconditional logistic regression analysis was used to calculate odds ratios (OR) and 95% confidence intervals (CI) for risk estimation. Homozygotes of the most frequent genotype were regarded as the reference group. P-values less than 0.05 were considered significant. The χ^2 test was performed to assess deviation from Hardy-Weinberg equilibrium (HWE). Genotypic distribution of the studied SNPs was in accordance with the Hardy-Weinberg equilibrium (p > 0.05).

Results

The current study was conducted on 84 pediatric SCD patients aged 5-18 years (54 males and 30 females). One hundred unrelated healthy children of the same age group (65 males and 35 females) were included in the study as a control group. Demographic, clinical and hematological characteristics of SCD patients are presented in Table I. Diagnosis of SCD was based on clinical and laboratory assessment. According to hemoglobin electrophoresis results and HPLC pattern, 60/84 (71.5%) cases were sickle cell anemia (Hb SS), while 24/84 (28.5%) were sickle β -thalassemia (Hb S β). Sixty-nine patients gave a history of VOC. Assessment of the severity of VOC revealed that 37/69 (56.5%) of patients had moderate/severe attacks of vascular occlusion, while 32/69 (43.5%) had mild attacks.

The genotypic and allelic distributions of IL-1 β +3954 C/T and IL-6-174G/C SNP in SCD patients and controls are presented in Table II. The studied SNPs were in Hardy-Weinberg equilibrium in the control group. The frequencies of the polymorphic genotypes of both SNPs were higher in SCD pa-

Item	Value		
Clinical data:			
Gender: male/female	54/30		
Age [years]:			
Range	5-18		
Mean ± SD	11.08 ±5.9		
Splenic status:			
Splenomegaly	18 (21.4%)		
Splenectomy	23 (27.3%)		
Hepatomegaly	16 (19%)		
Gallstones	5 (5.9%)		
Osteonecrosis	5 (5.9%)		
Leg ulcers	3 (3.5%)		
Priapism	5 (5.9%)		
CNS complications (TIAs & strokes)	5 (5.9%)		
Hand foot syndrome	22 (26.1%)		
VOC	69 (82.1 %)		
Moderate to severe VOC/year (requiring emergency visit or hospitalization):			
Range	0-17		
Median	4		
Mean ± SD	4.1 ±4.7		
Elevated pulmonary artery pressure	10 (11.9%)		
Frequency of blood transfusion (units of blood/year):			
Range	0–20		
Median	4		
Mean ± SD	5.6 ±4.7		
Transfusion dependency:			
Frequent (> 4 times blood transfusion/year)	47 (55.9%)		

Item	Value
Infrequent (1–3 times blood transfusion/year)	19 (22.6%)
Sporadic (infection, preoperative, occasional)	18 (21.4%)
Laboratory data:	
Types:	
Hb-SS	60 (71.5%)
S/β-thalassemia (Hb-Sβ+)	24 (28.5%)
Hemoglobin level [gm/dl]:	
Range	5.3–9.6
Mean ± SD	7.8 ±1.12
Reticulocyte count (%):	
Range	1.5-30%
Mean ± SD	11.7 ±6.9
Total leucocytic count [× 10³/cm³]:	
Range	4.1-17.9
Mean ± SD	9.9 ±2.8
Platelet count [× 10 ³ /cm ³]	
Range	88-764
Mean ± SD	386 ±148
HbS (%) (mean ± SD):	
Hb-SS patients	87.16 ±5.01
Hb-Sβ patients	69.58 ±10.11
Hb F (%) (mean ± SD):	
Hb-SS patients	8.91 ±7.6
Hb-Sβ patients	12.9 ±8.67
Hb A2 (%) (mean ± SD):	
Hb-SS patients	4.13 ±3.1
Hb-Sβ patients	4.07 ±5.46

TIAs – transient ischemic attacks, VOC – vaso-occlusive crisis.

tients than controls, but the differences were not statistically significant. Multivariate regression analysis was performed to verify the possible association between the studied genetic polymorphisms and other factors that could affect the disease course – Hb level, HbF percentage and treatment with hydroxyurea. Statistical comparison between patients having the wild genotype (CC) and the polymorphic genotypes of IL-1 β (CT and TT) did not show significant differences between the 2 patient groups regarding their gender, presenting symptoms, frequency and se-

verity of VOC, frequency of blood transfusion, organomegaly, hand-foot syndrome, disease-related complications including leg ulcers, priapism, elevated pulmonary artery pressure, osteonecrosis, CNS complications or other laboratory features. As for IL-6 –174 G/C SNP, the polymorphic variants (GC and CC) were significantly more frequent among patients with repeated attacks of vascular occlusion (VOC) (p = 0.023), especially those with severe attacks requiring hospitalization or emergency visits (p = 0.03). Otherwise, no significant difference was found between SCD patients har-

Genotype	Controls ($N = 100$)	SCD patients (N = 84)	OR (95% CI)	P-value
IL-1β +3954 C/T:				
Wild genotype CC	56/100 (56%)	39/84 (46.4%)	1 (Reference)	
Heteromutant CT	34/100 (34%)	32/84 (38.1%)	1.19 (0.65–2.19)	0.104
Homomutant TT	10/100 (10%)	13/84 (15.5%)	1.64 (0.68–3.98)	0.95
CT and TT	44/100 (44%)	45/84 (53.6%)	1.47 (0.82–2.63)	0.051
C allele	0.73	0.65	1.45 (0.8–2.66)	0.058
T allele	0.27	0.35		
IL-6 –174 G/C:				
Wild genotype GG	31/100 (31%)	25/84 (29.8%)	1 (Reference)	
Heteromutant GC	59/100 (59%)	49/84 (58.2%)	0.97 (0.54–1.75)	0.12
Homomutant CC	10/100 (10%)	10/84 (12%)	1.21 (0.48–3.079)	0.17
GC and CC	69/100 (69%)	59/84 (70.2%)	1.06 (0.56–1.2)	0.26
G allele	0.61	0.59	1.09 (0.62–1.91)	0.11
C allele	0.39	0.41		
Combined genotype analysis IL-1β/IL-6:				
CC/GG	15/100 (15%)	8/84 (9.5%)	1 (Reference)	
CC/GC+CC	41/100 (41%)	31/84 (37.3%)	0.92 (0.24–1.48)	0.45
CT+TT/GG	16/100 (16%)	17/84 (20.2%)	1.56 (0.72–3.39)	0.177
CT+TT/GC+CC	28/100 (28%)	28/84 (33.3%)	1.29 90.69–2.41)	0.267

Table II. Genotypic and allelic distribution of IL-1 β +3954 C/T and IL-6 –174 G/C in SCD patients and controls

OR – odds ratio, *CI* – confidence interval.

boring the wild or polymorphic genotypes and their gender, clinical characteristics, laboratory features or disease-related complications (data not shown).

Discussion

Sickle cell disease patients can experience a wide spectrum of disease-related complications with varying degrees of severity. Vasculopathy and vascular occlusion represent a major pathophysiologic event in SCD that could lead to a variety of morbidities such as painful crisis, acute chest syndrome, leg ulcers, stroke, priapism, aseptic necrosis of bones and proliferative retinopathy [24]. Previous studies have focused on identifying factors associated with these complications in an attempt to show their possible role as disease contributors and/or modifiers. However, such known causes are still insufficient to fully explain the clinical heterogeneity of the disease [25, 26].

Several lines of evidence implicated a state of chronic inflammation with VOC pathogenesis, evidenced by the elevated levels of the pro-inflammatory cytokines TNF- α , IL-6 and IL-17 and acute phase proteins in the sera of SCD patients during

VOC episodes [27, 28]. Previous studies reported an altered balance of inflammatory and anti-inflammatory cytokines in SCD patients during VOC, highlighted by elevation in pro-inflammatory cytokines and reduction in anti-inflammatory cytokine levels [28, 29].

The aim of the current study was to define the impact of IL-1 β and IL-6 genetic polymorphisms on the clinical course of the disease in a cohort of pediatric SCD patients. IL-6 –174 G/C genotypic frequencies in SCD patients were 58.2% and 12% for the heteromutant (GC) and the homomutant (CC) genotypes respectively. These frequencies differed greatly from those reported in Brazilian SCD patients, where the heteromutant genotype frequency ranged between 24% and 29%, while the homomutant frequency ranged between 0% and 5% [25, 30]. This could possibly be explained by the ethnic difference between the studied cohorts and/or the difference in sample size. In our study, the genotypic frequencies in SCD patients were similar to those of the healthy controls. This was concomitant with the studies of Vicari et al. [5] and Olenscki Gilli et al. [25] in a Brazilian population.

The interplay of sickle red cells, adherent leucocytes, activated endothelium, together with altered cytokine levels perpetuates a continuous inflammatory condition that predisposes SCD patients to VOC [31]. Thus the severity of VOC is attributed to the imbalance between pro- and anti-inflammatory mechanisms [4, 5]. Statistical analysis revealed that the polymorphic genotypes of IL-6 –174 G/C were significantly associated with repeated and moderate/severe attacks of VOC requiring emergency visits or hospitalization. This may be in part due to the inflammatory milieu induced by the high IL-6 level in SCD patients harboring the variant allele of IL-6-174 G/C. The study of Vicari et al. [5] in Brazilian patients did not reveal differences between SCD patients having the wild or the polymorphic genotypes except for leg ulcers, which were more frequent in patients having the heteromutant genotype, GC.

Several association studies have suggested a genetic influence of the IL1 region in a diverse group of diseases that have an inflammatory component [26, 30]. In SCD, IL-1β –511 and +3954 SNP have been postulated to participate in vaso-occlusion through their role in the processes of inflammation, cellular adhesion, signaling, transport or coagulation [32, 33]. In the current study, genotypic analysis showed that 38.1% of SCD patients have the heteromutant genotype (CT) and 15.5% have the homomutant genotype (TT) of IL-1 β +3954 C/T SNP. These frequencies were similar to those reported in Brazilian SCD patients, being 38% and 8% for the CT and TT genotypes [5]. Although the frequency of the polymorphic genotypes was higher in SCD patients than controls, the difference was not statistically significant. This is in line with a report previously published in Brazil [5].

Furthermore, there were no significant differences between patients having the wild genotype (CC) or the polymorphic genotypes (CT and TT) regarding their gender, presenting symptoms, clinical or laboratory features. In contrast, the study of Vicari et al. [5] in Brazilian sickle cell anemia patients reported that IL-1B +3954C/T polymorphism is associated with osteonecrosis, elevated pulmonary arterial pressure and lower reticulocyte count. The discrepancy between the studies could be attributed to the type of sickle patients, as the Brazilian cohort had only sickle cell anemia (Hb SS), while our study included patients with sickle (Hb SS) and sickle β -thalassemia (Hb S β), who had a significant amount HbF that would reduce red cell sickling and subsequently disease-related complications and could ameliorate the disease course.

In Egyptian controls, 59% had the heteromutant genotype, while 10% had the homomutant genotype of IL-6–174 G/C. These genotypic frequencies were similar to those reported in UK Caucasians

[34] and Germans [12]. On the other hand, these frequencies differed greatly from those reported in Brazilian, Chinese, Indian, Afro-Caribbean and Polish populations [12, 24]. These observations could be attributed to the ethnic difference between the studied populations. As for IL-1 β +3954 G/C, 34% had the heteromutant genotype (CT), and 10% had the homomutant genotype (TT). These frequencies are in line with those reported in Brazil [5], Poland [34], the USA [17] and the Netherlands [33].

In conclusion, the current study demonstrated the genotypic distribution of IL-1 β +3954 G/C and IL-6 –174G/C SNPs in a cohort of Egyptian SCD patients, and compared it with previous cohorts. The polymorphic genotype of IL-6 –174G/C SNP was higher in SCD patients compared to the controls. This genotypic signature seems to render a more "inflammatory" phenotype for the evaluated SCD patients. Additionally, IL-6 –174 G/C polymorphism could be considered as a molecular predictor for repeated severe attacks of vascular occlusion in Egyptian SCD patients.

As genetic alterations of immune regulatory genes could play a pivotal role in SCD pathogenesis as well as disease course, investigations with larger cohorts are recommended for better characterization of patients prone to complications and for identification of novel molecular markers that could influence the disease course and subsequently disease morbidity and mortality. Further understanding of these mechanisms may provide novel therapeutic targets and strategies for sickle cell disease.

Acknowledgments

We would like to express our gratitude to the Faculty of Medicine, Cairo University for giving us the chance to accomplish this piece of work with the help of its competent technicians and the updated equipment and instrumentation.

This research did not receive any specific grant from funding agencies in the public, commercial, or not-for-profit sectors.

Conflict of interest

The authors declare no conflict of interest.

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